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LICHEN & MOSS cowl

BY SUE LAZENBY



Lichen & Moss is a cosy cowl with an interesting but easily remembered pattern, making it the ideal quick knit for last minute gifts, as well as a useful accessory to see you through the cold months. It is worked in two sizes, which could easily be adjusted for width as required. It makes a perfect partnership with the Lichen & Moss hat.

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Finished Measurements

Small (large): Approximately 24" / 61 cm (48" / 122 cm) circumference.

Approximately 8.5" / 21.5 cm (10" / 25.5 cm) deep.

Materials Double knitting weight yarn 225 – 250 yd / 205 – 228 m per 100g. Preferably all wool or a wool blend.

Small approximately 210 yd (192 m), large approximately 460 yd (421m).

US # 8 / 5.00 mm, 24" / 60cm circular needle (or length preferred) for the medium size.

US # 8 / 5.00 mm, 40" / 100cm circular needle (or length preferred) for the large size.

US # 6 / 4.00 mm needle for working the i-cord BO for both sizes.

One stitch marker.

Gauge 22 sts / 30 rows = 4 in / 10 cm measured over Lichen pattern, using # 8 / 5mm needles before blocking. The gauge is a suggestion only and is not critical and depends on personal preference, however any change in gauge is likely to affect the finished size.

Abbreviations

BO: bind off

C2F: cross two stitches at front: knit into front of second stitch, then knit the first stitch, slipping both off at the same time.

CO: cast on

k: knit

k1tbl: knit one stitch through back of loop.

k2tog: knit two stitches together.

k2togtbl: knit two stitches together through back of loop.

p: purl

rpt: repeat

st(s): stitch(es)

Special CO:

Method for alternate cable cast on: <http://www.woollywormhead.com/knit-and-crochet-1/>

Directions:

Instructions for small, with large size in ()s.

With larger size needle, using alternate cable method and treating first st as a knit, CO 121 (241) sts. If you knit loosely, you may wish to CO with the smaller size needle and then change to the larger size. Starting with round 1 of Moss stitch pattern work the first row, then join to work in the round (as it's easier to avoid twisting the knitting this way). Place marker at the start of round and slip marker as it's reached on each round.

Continue in Moss stitch as follows for 3" / 7.6 cm (or Moss st chart p.3):

Round 1: *K1, p1; rpt from * to last stitch, k1.

Round 2: *P1, k1; rpt from * to last stitch, p1.

Continue in Lichen st as follows (or Lichen st chart below):

In the first round only decrease one st by k2togtbl at the start of the round. 120 (240) sts

Round 1: *K1tbl; rpt from * around.

Round 2: As round 1.

Round 3: *C2F, p2; rpt from * around.

Round 4: *K2, p2; rpt from * around.

Round 5: As round 1.

Round 6: As round 1.

Round 7: *P2, C2F; rpt from * around.

Round 8: *P2, k2; rpt from * around.

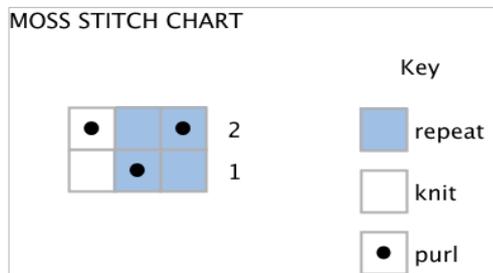
Work in pattern as set 5 (6) times in total, or until work measures approximately 8.5" / 21.5cm (10" / 25.5 cm) or desired length from start, ending after round 8, then continue with the I-cord BO as follows.

With US # 6 / 4.00 mm needle and using the cable method, CO 3sts, *k2, k2togtbl (one from needle and one from edge of knitting), slip the 3 sts back to left needle, pull yarn before repeating from * to last 3 sts, k2tog, k1, slip back to left needle, k2togtbl.

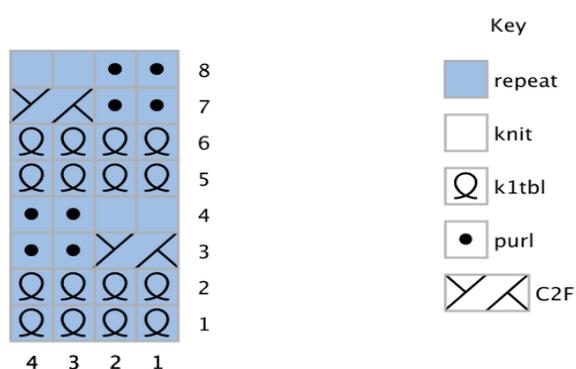
For detailed instructions see this video: <http://www.youtube.com/watch?v=KEbaZ6COOYk>.

Cut yarn and fasten off. Sew ends of BO together, weave in loose ends and block as required.

MOSS STITCH CHART



LICHEN STITCH CHART



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