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# Hopsox



**Size:** My socks were knitted to fit a size 7 UK foot. Instructions can be adjusted according to foot size.

**Needles:** 2.25mm and 2.5mm needles of your choice. My sock was knitted using 2 x 2.25mm and 2 x 2.5mm 60cm circular needles.

## **Notions:**

Cable needle  
Stitch markers  
Tapestry needle for grafting the toe

**Yarn:** One skein of fingering weight sock yarn. I used Bonny from the Yarn Yard. A solid or semi solid would show the cables to best effect.

## **Abbreviations:**

St(s)	Stitches
k	knit
P	purl
k2tog	knit two stitches together
P2tog	purl two stitches together
Tbl	through back of loop
S11k	slip one stitch knitwise
S11p	slip one stitch purlwise
RS	Right Side
WS	Wrong Side
T8B	(Twist 8 Back rib) Slip next 4 stitches onto cable needle and hold at back of work, k1, p2, k1 from left hand needle, then k1,p2, k1 from cable needle
T8F	(Twist 8 Front rib) Slip next 4 stitches onto cable needle and hold at front of work, k1, p2, k1 from left hand needle, then k1,p2, k1 from cable needle

## **Cable Pattern:**

The centred cable pattern is taken from The Harmony Guides: Cable & Aran Stitches: 250 Stitches to Knit, adapted for knitting in the round

1<sup>st</sup> round: K1, p2, [k2, p2] 3 times, k1

2<sup>nd</sup> round: As round 1

3rd round: T8B rib, T8F rib

Rounds 4-14: as round 1

Round 15: T8F rib, T8B rib

Round 16-24: As round 1

**Sock:** Using 2.25mm needles of your choice, cast on 80 stitches and set rib as follows:

P1 [k2, p2] until last stitch, p1. It is essential to start with a p1, as this will allow the cabled pattern to flow into the cabled sts. Join into the round, marking the beginning of the round with a stitch marker, and rib as set for 4 rows.

Row 5: p1, \*knit into the back of the 2<sup>nd</sup> st on left hand needle (do not remove it) knit into the front of the 1st stitch on the left needle, remove both stitches from the left needle, thus creating a twist, p2, repeat from \* ending the round with p1

Round 6-10: As first row

Round 11: As row 5

Round 12-16: As row 1

These 16 rounds form the ribbed section of the sock.

### **Cuff:**

Using 2.5mm needles, P2, work round 1 of cable pattern, p4, repeat until last 2 sts, p2

Continue in this way until cuff is desired length, ending on an even numbered row. I like a fairly long cuff so stopped at the end of row 20 on the third pattern repeat. The pattern lends itself very well to adaptation, so you can knit your cuff as long or short as you wish.

### **Heel Flap:**

You will need to decrease some stitches for the heel flap. I normally knit a 64-stitch sock, so I decreased as follows:

Row 1: Knit 20 sts, turn

Row 2: p3, p2tog, repeat until last 5 sts on needle 1, p2, p2tog, p1 turn (32 sts). You need to repeat only to the end of the first needle, not the whole way around.

Row 3: Sl 1k, k31

Row 4: Sl 1p, p 31

Row 5: Sl 1p, k 31

Keeping remaining sts on a spare needle(s) continue on these 32 sts, and knit the heel flap of your choice, I used a stocking st heel flap

Repeat last 2 rows 14 times more or until heel flap is desired length.

### **Heel Shaping:**

Row 1: Sl 1p, p18, p2tog, p1, turn

Row 2: Sl 1p, k7, k2tog tbl, k1, turn

Row 3: Sl 1p, p8, p2tog, p1, turn

Row 4: Sl, 1p, k9, k2 tog tbl, k1, turn

Continue decreasing in this way until all of the heel flap sts have been included - 20sts

### **Picking Up For Instep:**

Pick up and knit 16sts down left side of heel flap, knit 40 sts along the cuff, ensuring that you start from the subsequent row from where you left off, pick up and knit 16 sts from right side of heel flap, k10, thus ending at marker. Mark the stitches between the patterned section and the sole stitches.

### **Shape Instep:**

Round 1: Knit to 2 stitches before the marker, k2tog. Work 40 stitches between the markers in pattern. . K2 tog tbl. knit to end of the round.

Round 2. Knit to marker. Work 40 stitches between the markers in pattern. Knit to end of round.

Repeat the last two rows until you have 72 stitches (or 16 stitches between round marker and start of pattern.)

### **Foot:**

Continue working in the round, keeping continuity of pattern as set until foot measures 2" shorter than required length. I finished after row 24, I don't think it matters which row you finish with as long as it isn't a cabled row.

### **Toe shaping:**

You will need to decrease along the patterned section of the toe to facilitate the toe shaping as follows:

Next round: K16, [k 3, k2tog,] repeat until last 5 sts, K2, k2tog, k17, (thus ending at marker) you should now have 64 sts on your needle(s)

Round 1: K13, k 2 tog, k2, k2 tog tbl, k26, k2 tog, k2, k2tog tbl, knit to marker.

Round 2: Knit

Round 3: K12, k 2 tog, k2, k2 tog tbl, k24, k2 tog, k2, k2tog tbl, knit to marker.

Round 4: Knit

Continue decreasing as set on alternate rounds until 32 sts remain.

Next round K 24. Rearrange sts so that you have 16 sts on 2 needles. Graft toe using Kitchener stitch.

Don't be alarmed by the relatively large number of sts used – cables do suck in the stitches quite a lot, and this has been taken into account in the stitch count. I used a smaller needle for the rib so that the ribbing wasn't too loose. The sock may feel snug as it goes on over the heel, but my sock as knitted fits my foot perfectly well and didn't wrinkle down with wearing.

A more slender footed person might want to adjust to smaller needle size to obtain a good fit.

Any problems – and my maths can be suspect ;-) just give me a shout! Happy knitting ☺



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